

PLAYER RESOURCE

E Tū Tāngata: Others Matter

Being Part of a Club

Purpose: We want you to take a moment to acknowledge the club you are a part of and think about how you can have a positive influence on club culture.

We walk away knowing that everyone around us matters and is a valued member of the community.

It's important to remember that as human beings we are made for community. It is not good for anything to be done in isolation, and we are limited in what we can achieve when we try do it on our own.

These whakatauki explain the importance of doing things in collaboration:

"Ehara taku toa i te toa takitahi, engari he toa takitini."

"My success is not from my own, but from many others."

"If I have seen further than others, it is by standing upon the shoulders of giants" - Isaac Newton

Both quotes recognise the importance of others and their input in our lives; as well as highlighting the input and influence we can have in someone else's life.

Sports teams can become like a group of friends, sometimes even a bit like a family. When this is achieved it feels wonderful, but sometimes we can get caught up in our own team that we forget the wider club we are a part of and represent.

As a team, what can you do to show other's that they matter, that they are valued, or that they are seen and appreciated?

Instructions

To show others that they matter, consider doing the following...

As a Team:

- → Go and watch a junior team in the club play on game day and bring some half time oranges
- → Do some post-match baking for another team in the club
- → Get together during the week and bring your coaching staff some baking

Individual Challenges

- → Is there someone from your school that you know loves the sport you play and seems a little bit isolated from community? Invite them to come along to training/trials
- → Show up to your home game early one week to watch/support the team playing before you
- → Say hi to someone new at school/uni/work and have a conversation with them.