

**“Once you embrace your value, talents and strengths, it neutralises when others think less of you.”**

**Rob Liano**

**“We are all valuable. Humanity needs our individual services.”**

**Lailah Gifty Akita**

**“We're all human, aren't we? Every human life is worth the same, and worth saving.”**

**J. K. Rowling**

**“Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it.”**

**Dalai Lama**

**Your ordinary acts of love and hope point to the extraordinary promise that every human life is of inestimable value.**

**Desmond Tutu**

**“The unknown future rolls toward us. I face it, for the first time, with a sense of hope. Because if a machine, a Terminator, can learn the value of human life, maybe we can too.”**

**Sarah Connor**

**“For me, the value of life is absolute, with no concessions. It's not negotiable.”**

**Edgar Ramirez**

**“Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world...**

**All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.”**

**The Universal Declaration of Human Rights**

**“The concept of the sanctity of life is the belief that all human beings, at any and every stage of life, in any and every state of consciousness or self-awareness, of any and every race, colour, ethnicity, level of intelligence, religion, language, gender, character, behaviour, physical ability/disability, potential, class, social status, etc., of any and every particular quality of relationship to the viewing subject, are to be perceived as persons of equal and immeasurable worth and of inviolable dignity and therefore must be treated in a manner commensurate with this moral status.”**

**David P. Gushee – Centre for Bioethics and Human Dignity, Trinity University**

**“Human rights recognise the inherent value of each person, regardless of background, where we live, what we look like, what we think or what we believe. They are based on principles of dignity, equality and mutual respect.”**

**New Zealand Human Rights Commission**

**“Human rights recognise the dignity and worth of all people.”**

**Justice Department of New Zealand**

“Dignity is different from respect. Dignity is a birthright. We have little trouble seeing this when a child is born; there is no question about children’s value and worth. If only we could hold onto this truth about human beings as they grow into adults, if only we could continue to feel their value, then it would be so much easier to treat them well and keep them safe from harm.”

Donna Hicks PhD: Dignity

Everyone needs reminders that the fact of their being on this earth is important and that each life changes everything.

Marge Kennedy