



NAME _____

**Lift
Ups!** 

It was awesome how you ...



NAME _____

**Lift
Ups!** 

You made me feel good when you ...



NAME _____

**Lift
Ups!** 

I really appreciate the way you ...



NAME _____

**Lift
Ups!** 

*I spotted you doing
something good when you ...*



NAME _____

**Lift
Ups!** 

I'm grateful for you because ...



NAME _____

**Lift
Ups!** 

