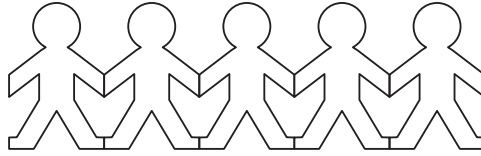


# My Support People



Who are the people who help you succeed?



People who make me  
feel better about myself:



Adults in my life I can ask  
for help when I need it:



Adults at school I can ask  
for help when I need it:



Fun things to do that  
make me feel great:



Things that help me feel  
better when I am down:



People I can talk to  
who are good listeners:

