



E TŪ TĀNGATA
STAND
TOGETHER
AOTEAROA

You have value

1

What reminds you that you have value?

2

How can you remind yourself that you have value?

3

What is one thing you can do this week to remind yourself you have value?

4

Reflect



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We succeed together

1 How can we succeed together?

2 Choose one idea to share

3 Write your group's actions plans here

4 Reflect



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Others matter

1

What can we do to show others they matter?

2

Choose one idea to share

3

Write your group's actions plans here

4

Reflect